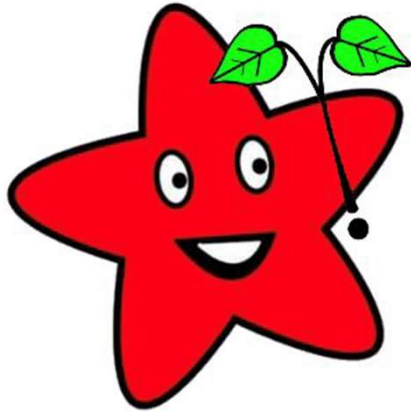




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**Lesson Title** CHALK OBSTACLE COURSE

MRS. ALICIA, **Ages** TWOS, **Week** 3.1



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# LESSON INTRODUCTION

- Lesson Title: Chalk Obstacle Course
- Age Range: two's
- Lesson Domain: Physical Development
- Lesson Objective: Developing control over the body



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# DEVELOPMENTAL GOAL

- Lesson Objective: Physical Development
- What are we trying to accomplish?
  - We are trying to have the children develop their large muscles by performing different actions in this activity.



# MATERIALS

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- Here is what you need:
  - Chalk
  - Sidewalk/Driveway



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# METHOD

- Here is what to do:
- It's like hopscotch but with different activities to do!
- First you will draw on the sidewalk different things to do:
  - Examples: twirl, touch your toes, roar and stomp, spin, clap 3X, etc. Be creative



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# MOTIVATIONS AND INTERACTIONS

- Here are some tips to keep in mind when motivating and interacting with your child in this exercise.
  - Show the children how to do each activity
  - Join them in the fun
  - Encourage them to keep trying if they can't get the movement down the first time

# EXAMPLES

- Here are some examples of this lesson

